

JUNIOR PROGRAMME 2026





Names & Contact Details

Junior Club Captains

Rory O'Connell
Sophie Mc Mahon

Vice Captains

Barry Coffey
Sheila Sheahan

Junior Officers

Sean Sheehan
Miriam Ingerton

Club Pro

Gary Howie 061-335753
castletroyproshop@gmail.com

JUNIOR COMMITTEE 2026

- **Junior Convenor** Sean Sheehan and Miriam Ingerton
- **Junior Captains** Rory O' Connell and Sophie Mc Mahon
- **Vice Captains** Barry Coffey and Sheila Sheahan
- **Child Welfare Officer** Aisling Conroy
- **Teams** Miriam Ingerton & Frank Hackett
- **Competitions** Catherine Maguire and Tony Keane
- **Handicaps** Eugene Hanrahan



On behalf of Miriam and Myself we would just like to wish all our Juniors in Castletroy GC a fantastic golfing year ahead in 2026. Our Junior programme is the envy of many golf clubs across Munster and in fact Ireland.

We have a very experienced Junior committee and Volunteer group that make our programme what it is today. I would just like to thank all those who take time out of their personal lives to help us in Castletroy GC with our Juniors on a weekly basis.

Over the summer months we have a comprehensive golfing calendar with 3 weekly competitions over 9 and 18 holes. Also we have our short course golf which is part of our progression plan to get Juniors a golfing handicap.

Group Juniors lessons start in early summer for an 8 week period and this is a great opportunity for Juniors to get coaching from Gary & Jack who we are forever grateful for their commitment to our Juniors.

Best of luck to Sophie & Rory as our Junior Captains for 2026.

Sean Sheehan & Miriam

OPEN JUNIOR COMPETITION 2026

Date : June 29th

Sponsored by Aisling Conroy



Key Dates 2026

Junior Golf Competitions are played on Monday, Wednesday & Fridays from 8.00 am during school holidays (Easter & Summer)

Payment for all Junior competitions for 2026 will be through the purse system in the Pro shop. Juniors will have to top up their GUI card by a minimum of €20. It will operate the same as the adult purse system.

Mon April 6th - Michael Gleeson Shoes
Matchplay Qualifier

Mon June 15th - June Monthly Medal

Fri June 26th - Joint Captains Prize to Juniors –Karen Butler & Denis O’ Leary

Mon July 6th - July Monthly Medal

Mon July 13th – Eoghan Kelliher Memorial Cup

Mon July 20th - Club Pro Prize to Juniors
Gary Howie

Mon Aug 10th - August Monthly Medal

Mon Aug 17th - Joint Presidents’ Prize to Juniors : Anne Cullen & Gerard Maher

Sat Aug 23rd - Parent & Child Competition



Photos





Pro Shop Team

Gary Howie
Head Golf Professional

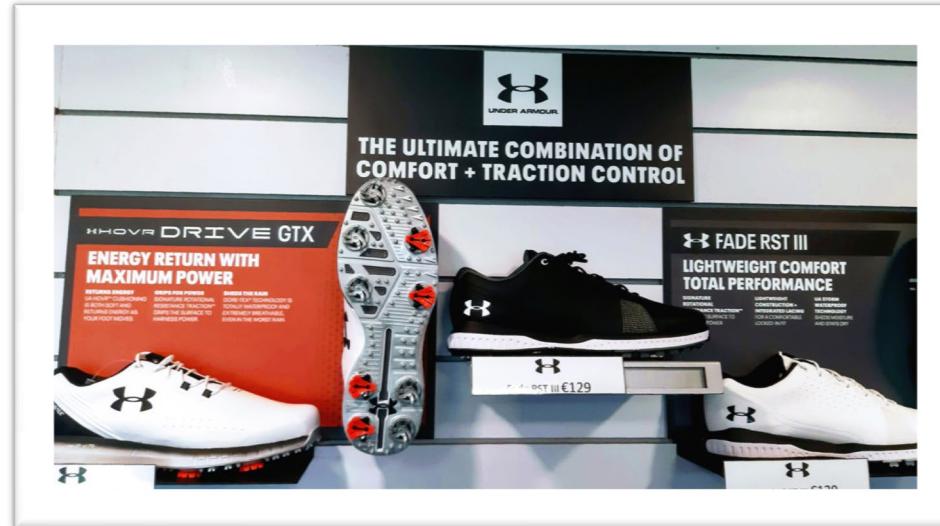


Jack Ryan
Assistant Golf Professional





The Pro Shop





Junior Club Bye Laws – On the Course

- Junior members will be allocated a tag for their golf bag to denote their status.
- All junior golf must commence from the 1st tee or as otherwise directed by the Junior Golf Committee.
- Junior members may play Monday, Wednesday and Friday on short course golf.
- On Tuesday, Thursday, Saturday, Sunday and Bank Holidays junior members must be accompanied by an adult member except when playing in a designated junior competition.
- All junior members may use the practice grounds but must check with the Pro Shop first.
- Junior Boys, 19.9 handicap or under, and Junior Girls, 39.9 handicap or under, are eligible to play at any time.
- A set of golf clubs is to be used by one player only, no sharing.



Junior Club Bye Laws – Competitions

- Always arrive at least 10 minutes prior to your allotted tee-time.
 - Always prepare your scorecard in advance of play; date, handicap, name, competition.
 - Exchange cards before you tee off.
 - Check score with player concerned and mark scorecard after every hole.
 - Ensure that cards are signed by both the player and the marker
 - Scores must be entered into the computer system located in the locker rooms
 - Any deliberate false recording of a score either on the card or in the computer is considered a serious breach of golf etiquette.
 - This may result in suspension from the club.
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- **Junior competitions start Mid June until end of summer holidays.**
 - **There will also be competitions during the October mid-term break.**



Junior Club Bye Laws – Club Competitions

Rules for all juniors playing in adult club competitions

- Junior Girls and Boys should refer to regulations when playing in other clubs.
- Junior member scorecards must be signed by an adult.
- Scores must be entered on the scorecard after the completion of each hole played.
- Remember to take care of the golf course. Repair pitch marks, replace divots and rake bunkers well after use.
- Always shout 'FORE' if your ball goes in the direction of another player.
- Always check the 'Conditions of Play' before commencing your round.
- Always complete your round and enter the score accurately on the computer ensuring that the card is completed correctly before being entered.
- Be aware of the **pace of play**. Always ensure that you keep up with the group in front of you.



Junior Club Bye Laws – Competitions

- Junior Boys with a 19.9 handicap or under, are eligible to play and win in all club competitions with the exception of the Captains Prize, Presidents Prize, Vice Captains Prize and Tirconnell Cup where they cannot win first or second prize.
- Junior Boys with a handicap of 20 and over are not allowed to play in adult competitions, with the exception of open competitions.
- Junior Girls are eligible to play in Ladies Competitions but cannot win first or second prize in the Lady Captain's Prize, Lady President's Prize Lady, Vice-Captain's Prize or in major sponsored competitions as determined, from time to time, by the Ladies Club.



Junior Club Bye Laws – The Clubhouse

- Junior members are not allowed in the members bar at any time.
- Junior members are not allowed in the clubhouse after 7pm except in the company of an adult in the Lounge or Restaurant.
- Junior members completing their round of golf after 7pm may use the locker room facilities only except in the company of an adult in the Lounge or Restaurant.
- On the day of a junior competition commencing in the afternoon, junior members may use the restaurant and locker room facilities only up to 9pm.

Failure to observe the above rules will lead to disciplinary action.

- Food must be consumed in the dining area and lounge only. Only food prepared by the club may be consumed in the clubhouse.
- Wearing of any type of headgear including caps and sun-visors is not permitted in the clubhouse. Wearing of golf footwear is not permitted in the Clubhouse but appropriate footwear always needs to be worn in the Clubhouse.



Golf Etiquette

- Always show respect for playing partners and members
- Never cheat
- Always be early for your tee time
- Play at a brisk pace, be ready.
- Have your golf ball, pencil, tees and prepared scorecard to hand on 1st tee.
- Help playing partners and opponents when their ball is lost
- Never shout, argue or throw a club
- Always shout “Fore” if your ball appears to be going in the direction of another player.
- Rake Bunkers, Replace all Divots ,Repair all Pitch-marks on the putting green.
- Never walk through a player’s putting line.
- Always give right of way to course staff (workers) on the golf course.
- Mobile phones not seen, not heard.
- Always check scorecards for signatures, handicap, date and name of competition.



Short Course Golf

- For beginners and those without a handicap there is supervised short course golf.
- Takes place every Monday, Wednesday and Friday.
- What to expect.
- Volunteers are welcome.



Volunteers & Code of Conduct

- We have a core group of volunteers that are members of the Junior Golf Committee, parents who wish to volunteer are always welcome.
- All volunteers must abide by and sign the Club Code of Conduct form annually, which will be available from the office.
- All junior club volunteers must complete Garda Vetting and Sport Ireland's Safeguarding Training.
- Our Child Welfare Officer is Mr. Paul Kennedy who can be contacted via either Junior Convenor.



Junior Handicap Policy

- The junior handicap committee comprising of Gary Howie and Eugene Hanrahan will convene at regular intervals to review the cards and consider junior handicap applications. A notification will be issued to the applicant on the outcome of the review.
- The following conditions must be met to get a golf handicap
 - Be a junior member of Castletroy Golf Club
 - Have completed a coaching programme provided by the club
 - Have regularly attended the supervised short course programme at the club
 - Have played three 18-hole rounds of golf or six 9-hole rounds of golf in Castletroy in the company of an adult member where the card recording their score at each hole is fully and accurately completed and submitted to the junior committee through the Office.



Junior Handicap Policy

The provision of a handicap to a junior member is an indication that the junior

- Is physically capable of playing the 18-hole course in a timely manner
- Has a knowledge of general golf rules and etiquette and the club's local rules
- Can play in all junior club competitions, Inter-club junior competitions and GUI junior competitions
- Has consideration for their own safety and fellow players safety on the course

- Any questions relating to the policy or any appeals regarding the outcome should be addressed to the Junior Committee and submitted in writing to the club

THANK YOU!

